

Open Water Scuba Syllabus



Course Overview

ITDA® Scuba Open Water Diver International Certification 2 levels

Who can Certify?

OW Instructor+

Certification

ISO 24891-2

The primary objective for the ITDA® Open Water Scuba Diver Course Program is to train, educate and assess practical diving skills from a basic level to produce self-confident well educated and competent divers who can after a minimum of 10 Supervised dives, dive anywhere in the world unsupervised with a buddy of equal or higher certification and experience. (Environment limitations may apply.)

Materials Required Open

Water Manual

Required Theory Text / Manual or Workbook

ITDA Open Water Diver Manual, *Stephen J. Craig-Murray ITDA Publishing*

Training Facility Any

Partner Level

Flexible Course Options (two-part options)

You may if you so wish, complete the theory part of this course program online at: <https://academy.diveitda.com>

Website Portal

<https://itda-ihmp.agency>

- Online Course Certificate is valid for 12 months, unless ITDA Member.
- Practical skills are required to be completed within 12 months of theory

On Course Completion

You will receive an e-certification by e-mail, and you will be registered on our database at your level.

Resources / Equipment Required (May be hired or included)

You may provide your own mask, snorkel and fins or hire them?

- Mask (Suitable for Scuba), Snorkel and Fins, Open heel, or Full Foot
- Scuba Unit – Cylinder, Regulator Set (with Alternate Air Source and SPG)
- Suitable Environmental Protection – Wet Suit/Dry Suit or other
- Weights and weight belt or integrated BCD system
- BCD / Buoyancy Control Device or Stab – Jacket

Verify Certification Service

<https://www.itda-ihmp.agency/certificate-validator>

Additional / Extras:

24hrs. / 7 Days / 365 Days

- Torch / Light (to bring colours to life!)
- Cutting Tool – SMB (Surface Marker Buoy)
- Pocket Mask
- UW Camera (For last 2 dives to enjoy the experience)

ITDA® Open Water Scuba Diver Course Schedule (6 OW Dives/4-5 days)

Timescale	Subject/Skills Required	Practice Problems/Drills
Day 1. Theory	Equipment & Basics / Dive 1	Mask, Regulator & Buoyancy
Day 2. Theory	Complete Manual & Quiz/Dive 2	Buoyancy & Swimming Skills
Day 3. Skills Development	Dives 3 and 4.	Rescue Skills with Lift & Egress
Day 4. Experience	5 & 6 Overall Skills Assessment/Grading	All skills reviewed / Tested.

International Certification Standards (Limited Certification to 10 dives Experience) 10 Dives experience

Competencies of a recreational scuba diver at level 2 "Autonomous Diver". With 10+ Experience dives.

A scuba diver at level 2 "Autonomous Diver" shall be trained to have sufficient knowledge, skills, and experience to dive with other scuba divers of at least the same level in open water without supervision of a scuba instructor or leader /guide. ISO/ANSI Standard EN 14153-2/ISO 24891-2 (10 Dives may include training dives.)

ITDA® Open Water Scuba Diver Plus+ Course Schedule (10 Dives)

Timescale	Subject/Skills Required	Practice Problems/Drills
Day 1. Theory / Quiz	Completed Theory Quiz / Dives 1-2.	Mask, Regulator & Buoyancy
Day 2. Skills Development	Skills to a "Comfort Level" Dives 3-4.	Buoyancy & Swimming Skills
Day 3. Skills Development	Dives 5 & 6. Rescue Skills with Lift	Egress and CPR / Oxygen FA
Days 4-5 Experience Dives	Dives 7 & 8, <u>Morning</u> 9 & 10 <u>Afternoon</u>	9 & 10 Will be graded dives

Diving MUST be limited to training conditions and environment similar or equal to experience.

As history shows us, most diving accidents occur due to lack of experience and within the 10 dives experience window. Our unique Open Water+ Program has 10 dives including 4-5 days. For safer diving certification... We do not just meet standards, we exceed them! - Depth limit is 20m/66ft.

Next Steps / Certification Levels (also limited specialist certifications at level 1 & 2...)

