

Open Water Rescue Syllabus



Who can Certify? OW

Instructor+

Certification

International

Overview Course

ITDA Open Water Rescue Diver International Certification 2 levels. Our primary objective for the ITDA Open Water Rescue Diver Course program is to train, educate and assess practical diving skills from a basic level to produce self-confident well educated and competent divers who can perform open water rescues to a high standard, unsupervised.

Materials Required

Rescue Manual

Required Theory Text / Manual or Workbook

ITDA Open Water Rescue Diver Manual. ISBN No. 978-1-63443-473-7

Training Facility Any

Partner Level

Flexible Course Options (two-part options for theory)

You may if you so wish, complete the theory part of this course program online at: <https://www.itda-ihmp.agency/on-line-learning>

Website Portal

<https://www.itda.agency>

- Online Course Certificate is valid for 12 months, unless ITDA Member.
- Practical skills are required to be completed within 6 months of theory.

On Course Completion

You will receive an e-certification by e-mail, and you will be registered on our database at your level.

Resources / Equipment Required (May be hired or included)

You may provide your own mask, snorkel and fins or hire them?

- Mask (Suitable for Scuba), Snorkel and Fins, Open heel, or Full Foot
- Scuba Unit – Cylinder, Regulator Set (with Alternate Air Source and SPG)
- Suitable Environmental Protection – Wet Suit/Dry Suit or other
- Weights and weight belt or weight integrated BCD system
- BCD / Buoyancy Control Device or Stab – Jacket.

Verify Certification Service

<https://www.itda-ihmp.agency/certificate-validator>

Additional / Extras:

24 hrs. / 7 Days / 365 Days

- Torch / Light (to bring colours to life!)
- Cutting Tool or Knife and Surface Marker Buoy (SMB)
- Pocket Mask (For Surface EAR) Under review...
- UW Camera (For last 2 dives to enjoy the experience)

ITDA Rescue Diver Course Schedule (8 OW Dives / 4-5 days)

Timescale	Subject/Skills Required	Practice Problems/Drills
Day 1. Theory	Equipment & Basics / Dive 1	Basic Skills Assessment
Day 2. Theory	Complete Manual & Quiz/Dives 2 & 3	Buoyancy & Swimming Skills
Day 3. Skills Development	Dives 4, 5 and 6.	Rescue & Surface Skills / Lifts
Day 4. Experience	7 & 8 Overall Skills Assessment/Grade	All skills reviewed / Assessed.

International Certification Standards (Additional day(s) maybe taken – Highly recommended!)

Competencies of a recreational rescue scuba diver at level 2 "Autonomous Diver".

A scuba diver at level 2 "Autonomous Diver" shall be trained to have sufficient knowledge, skills, and experience to dive with other scuba divers of at least the same level in open water without supervision of a scuba instructor or leader /guide. ISO/ANSI Standard EN 14153-2/ISO 24891-2

About ITDA Open Water Rescue Diver

The ITDA Rescue Scuba Diver program at this level trains Scuba divers through, theory, exercises, Pool, and in-water training sessions, assessments, and evaluations. To be safe and competent rescue divers within the limitations of their training & experience. ITDA Rescue Diver is required for all higher level ITDA training.

Why is Rescue Diver so important!

As history shows us, most diving accidents occur due to lack of experience and within the first 10 dives experience window. Our unique ITDA Open Water Program has 10 dives recommended over 4-5 days. For safer diving certification... But many other agency divers are at risk...

The depth limit for ITDA Open Water Diver is 20m/66ft. Therefore, we train rescue lifts from 20m/66ft. We also have our rescue candidates complete at least 1 training dive as a decompression dive to 40m/132ft. As this is the normal recreational diving scuba depth limit for most training agencies. We also offer unique "Specialist Rescue Programs", Professional Rescue, Cave Rescue etc.

Next Steps / Certification Levels (also many specialist certifications from level 2 & All Pro Levels...)

Advanced Rescue

+IHMP BLS / ALS

Advanced Diver

Leadership